

My overall goal is:

I would like to accomplish this goal by:

This goal will improve my life by:

I know this goal is for me because:

To reach this goal I will need to:

1

2

3

4

5

To reach 1 I will need to:

To reach 2 I will need to:

To reach 3 I will need to:

To reach 4 I will need to:

To reach 5 I will need to:

These people can support me as I go:

1

2

3

4

5

I expect these challenges:

1

2

3

4

5
